

MARINA'S MENTORS

Youth Mental Health

MENTORING PROGRAM

One of the main benefits of mentoring is the positive impact it has on youth mental health. Through Marina's Mentors, volunteers are paired with youth who are experiencing mental health concerns. Volunteers work closely with the parent/guardian, BBBS staff and a Bridge Interfaith Services counselor to best support the child's needs.

STUDENTS IN OUR MENTORING PROGRAMS HAVE REPORTED SIGNIFICANT IMPACTS:



90% have reported a strong or increasing level of social competence



75% have stayed on track or improved their academic grades or performance



100% are moving up to the next grade level



88% have learned to manage their emotions in a positive way

HOW IT WORKS

1

Fill out a paper application or apply on our website by clicking on either "Become a Big" or "Enroll a Child". The program is free for all youth.

2

BBBS will interview applicants and run multi-layer background checks and reference checks for volunteers. We'll match "Bigs" (adult volunteers) and "Littles" (children) based on personality, interests and preferences.

3

Matches will meet twice a month. BBBS staff will closely monitor the relationship through regular check-ins. Volunteers will receive support from a licensed therapist and on-going training.



 **Big Brothers Big Sisters.**
OF ATLANTIC & CAPE MAY COUNTIES

bbbsatlanticcape.org

